

# Wellness Membership

Introducing our wellness membership for our special guests!

Healing garden and labyrinth are free! All you need is commitment to your well-being.

## MEMBERSHIP PACKAGE OPTIONS:

\*INDIVIDUAL: Combine any 2 wellness options for a total of one 30-minute session **\$30**

\*TRIO: Combine any 2 wellness options for a total of 30 minutes up to 3 times a month (90 minutes total). **\$79**

\*\*MONTHLY UNLIMITED: Unlimited visits of our wellness options. Also includes, by appointment only, 30 minutes per month of AcuEnergetics®, CranioSacral Therapy, or Massage Therapy. **\$97**

\*\*30 Minutes of AcuEnergetics®, CranioSacral Therapy or Massage Therapy (available in the Monthly Unlimited Membership only) – Enjoy one 30 minutes of AcuEnergetics®, CranioSacral Therapy or Massage Therapy per month. Available by appointment only.

\*Warm Water Salt Therapy Pool: Experience the healing qualities of a warm water salt pool. It is perfect for anyone suffering from arthritis and body or joint pain. Warm water therapy is ideal for gentle strengthening and low impact exercise.

\*Near Infrared Light Therapy: Near Infrared Light Therapy can decrease inflammation and pain and can increase circulation. Receive a free consultation with our expert to ensure the optimum placement of our near infrared light system.

\*Pulsator Vibration Plate: The Vibration Plate exercise machine powerfully helps muscles heal from injury, strengthen muscles, improves circulation and blood flow. Great way to help tone and lose weight. Excellent Rehabilitation and Wellness tool in just 10 minutes!

\*Soqi Bed, Chi Machine and Biomat: The Soqi bed combines the use of far infrared domes, Biomat and the Chi Machine to support muscle healing, postural alignment, relaxation and stress management. The Biomat provides far infrared through amethyst crystals. The Chi Machine gently rocks your body assisting in muscle relaxation, alignment and blood energy flow. All 3 items are FDA approved.

\*Relaxation/Meditation: Melt into the space of love and joy as you listen to the “Inner Smile” or “Inner Breathe” meditation CD. Take time for yourself to journal, enjoy the quiet and simply be still.

Please note that these packages are non-transferable.

# Points of Stillness Membership Agreement

\_\_\_ I understand sessions are divided into 10-20 minute segments, I can use one or three sessions per visit depending on my purchased package.

\_\_\_ I understand that I am free to use a combination of any of these services during my 30 or 45 minute visit in 15 minute increments only.

\_\_\_ Each visit is considered a session, no matter the amount of time I use the equipment.

\_\_\_ I agree to have my debit/credit card charged monthly for the amount circled below, and I have signed the recurring payment form.

\_\_\_ These packages are non-transferable.

\_\_\_ I testify that I have read the handouts regarding safe use of the equipment.

**Circle the payment plan you choose.**

TRIO-\$79.00

MONTHLY UNLIMITED-\$97

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone Number \_\_\_\_\_

**Wellness Membership Participant**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Points of Stillness, LLC**

**Liability Waiver**

The undersigned does not hold Points of Stillness, LLC liable for any accident or injury while using wellness machines. The undersigned does not hold Points of Stillness, LLC liable for any accident or injury while on the premise. The undersigned takes full responsibility for safe use of all wellness machines, having read the safety material. The undersigned takes full responsibility for guests.

**Wellness Membership Participant**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witnessed by: \_\_\_\_\_ Date: \_\_\_\_\_